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Contact: Timothy Farrell, Empire 8 SID

EMPIRE 8 ANNOUNCES WOMEN'S SOCCER ALL-CONFERENCE TEAM
Ashley Williams of Ithaca College Named Player of the Year

ROCHESTER, NY – The Empire 8 announced its 2005 Women's Soccer All-Conference teams. Junior midfielder Ashley Williams of conference co-champion Ithaca College was named the 2005 Player of the Year. She assisted on two goals and keyed a Bomber defense that allowed only eight goals in 18 regular season games.

First-year forward Chelsey Feldman of the Bombers was selected the Empire 8 Rookie of the Year after scoring nine goals and adding seven assists for 25 points. Jill McCabe of St. John Fisher College was named the 2005 Empire 8 Coach of the Year for leading the Cardinals to a third-place conference finish in a season that included an eight-game unbeaten streak.

One member of each team was named that institution's representative on the 2005 Women's Soccer Sportswoman of the Year Team. Empire 8 emphasizes that "Competing with Honor and Integrity" is an essential component of a student-athlete's experience in conjunction with an institution's educational mission. These honorees have distinguished themselves and consistently exhibit the critical traits as outstanding sportswomen.

Empire 8 2005 Women's Soccer All-Conference Awards

Player of the Year: Ashley Williams, Ithaca College

Rookie of the Year: Chelsey Feldman, Ithaca College

Coach of the Year: Jill McCabe, St. John Fisher College

First Team

Name	Yr.	School
Backs		
Katie Allardice	Sr.	Elmira College
Meagan Clark	Sr.	Nazareth College
Jen Rynda	Sr.	RIT
Kaitlin Sweeney	Sr.	Ithaca College

Midfielders

Kristina Cristofori	Sr.	Nazareth College
Dani Davis	So.	St. John Fisher College
Ashley Williams	Jr.	Ithaca College

Forwards

Chelsey Feldman	Fr.	Ithaca College
Colleen Masterson	So.	Ithaca College
Rosanne Simiele	Jr.	Nazareth College

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S P O R T S I N F O R M A T I O N D I R E C T O R

PAGE TWO – WOMEN'S SOCCER ALL-CONFERENCE...

First Team Goalkeeper

Aimee Meacham So. Ithaca College

Second Team

Name	Yr.	School
Backs		
Jen Blais	Jr.	St. John Fisher College
Jennifer Grys	Sr.	Ithaca College
Randi Hughes	Sr.	Nazareth College
Rachel Tinao	So.	Utica College

Midfielders

Ashley Clinton	Fr.	Nazareth College
Lindsay Ehrenkrantz	Jr.	Ithaca College
Kim Gillman	Jr.	Ithaca College

Forwards

Rachel Cushman	Fr.	Nazareth College
Liz O'Brien	Jr.	Utica College
Jennifer Tuttle	Sr.	Elmira College

Goalkeeper

Rebecca Pociask Jr. Alfred University

Sportswoman of the Year

Name	Yr.	School
Adrienne Egglinger	Sr.	Alfred University
Jennifer Tuttle	Sr.	Elmira College
Heidi Mariani	Sr.	Hartwick College
Beth Hoover	So.	Ithaca College
Kim Yancone	Jr.	Nazareth College
Jen Rynda	Sr.	RIT
Tracy Bojko	Sr.	St. John Fisher College
Nicole Pinkham	Sr.	Utica College

Honorable Mention

Backs: Rachel Johnson (Elmira), Rachel Johnson (Hartwick), Tessa Malcarne (Utica), Betsy Pitcher (St. John Fisher), Yaicha Winters (Alfred)

Midfielders: Becca Malinowski (Hartwick), Nicole Pinkham (Utica), Jesseymn Russell (Nazareth), Meg Snyder (St. John Fisher), Carly Spinella (Utica), Jessica Talbot (Elmira), Laurie Teske (Elmira), Kelly Zeppetella (St. John Fisher)

Forwards: Alaina Chorney (RIT), Ashley Granger (Utica), Jen Springett (St. John Fisher), Alesha Wright (Hartwick)

Goalkeeper: Ashley Kaufman (Utica)